



# The Peanut Allergy Epidemic: What's Causing It and How to Stop It

*Heather Fraser*

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## **The Peanut Allergy Epidemic: What's Causing It and How to Stop It** Heather Fraser **Essential Reading for Every Parent**

In the early 1990s, tens of thousands of children with severe peanut and food allergies arrived for kindergarten at schools in Canada, the United Kingdom, Australia, and the United States.

The phenomenon of a life-threatening allergy in kids in only these countries occurred simultaneously, without warning, and it quickly intensified. The number of peanut allergic children in the United States alone went from virtually none to about two million in just twenty years. As these children have aged, the combined number of American adults and children allergic to peanuts has grown to a total of four million.

How and why has this epidemic occurred? In *The Peanut Allergy Epidemic*, Heather Fraser explains:

Precisely when the peanut allergy epidemic began

How a child-specific allergy epidemic happened before, at the close of the nineteenth century

That in the early twentieth century doctors including the 1913 Nobel Prize in medicine winner identified vaccination as the cause of the first pediatric allergy epidemic impacting 50 percent of children

That more than one hundred years of medical literature describes how vaccination creates allergy to what is in the shot, air, or body at the time of injection

How changes in US vaccination legislation sparked the allergy epidemic in children

Fraser also highlights alternative medicines and explores issues of vaccine safety and other food allergies, making this fully updated second edition a must-read for every parent, teacher, and health professional.

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