



## Libres comme l'air (French Edition)

*Bernadette McDonald*

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## **Libres comme l'air (French Edition)** Bernadette McDonald

Dans les années 1970 et 1980, aux heures les plus sombres du communisme, la Pologne a vu éclore une génération d'alpinistes exceptionnels. Sans espoir d'un avenir décent et assoiffés de liberté, ces grimpeurs téméraires ont réussi, à force d'obstination et d'ingéniosité, à parcourir le monde à la recherche des ascensions les plus extrêmes. Mais c'est surtout en Asie et en Himalaya qu'ils marquèrent l'histoire de l'alpinisme en réalisant des exploits auparavant inimaginables.

Des villes grises de la Pologne communiste aux cimes étincelantes de l'Himalaya, voici l'histoire magnifique et dramatique de ces hommes partis en quête de leur liberté dans les plus hautes altitudes. Un formidable récit d'aventures à ranger parmi les classiques de la littérature de montagne.

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- Prix Boardman Tasker 2011 (Royaume-Uni)
- Prix Banff Mountain Festival 2011 (Canada)
- Prix American Alpine Club 2012 (USA)

"Voici le livre qu'on attendait depuis un quart de siècle sur les himalayistes polonais au temps des Soviets. Un livre majeur! - **Montagnes Magazine**

## À PROPOS DE L'AUTEUR :

Bernadette McDonald est la fondatrice du Festival du film de montagne de Banff (Canada) et l'auteur de nombreux livres de montagne, dont une biographie de la célèbre Elizabeth Hawley (2005) et de Tomaz Humar (2008).

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