



# Ecología del porvenir (Spanish Edition)

*Elena Espinal*

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## **Ecología del porvenir (Spanish Edition)** Elena Espinal

Vivimos como si el paso de los días nos llevara a algún lugar, en donde se percibe que nuestras decisiones sirven para poco. Este sentimiento no genera un estado de ánimo poderoso, ni de ventura hacia delante. Más bien, hay una dosis de resignación y algo de esperanza.

Ecología del Porvenir muestra dónde podemos intervenir, así como una hipótesis de la relación con el tiempo, en la que hemos perdido contacto con el amor, en la relación con otros, desgastándonos en el control. En una época con tantos cambios producidos por aquellos que sienten que pueden influir en el mundo, este libro explica cómo movernos en medio de un mundo de constantes cambios, como las olas del mar.

¿Qué nuevas maneras de pensar pueden llevar a individuos, empresas, gobiernos, etc, a hacerse cargo del futuro? Estoy segura que el comprender el futuro y cambiar la relación con él, puede influir positivamente en consultores y coaches que trabajan con sus clientes, justo para ello.

La propuesta es recorrer juntos este maravilloso camino, desde comprender cómo nuestra manera de observar nos conducirá por un sendero exitoso, y descubrir las posibilidades históricas y de diseño que pueden generar el asombro, la conexión, la posibilidad y la construcción de la paz.

La vida es una, la oportunidad es hoy y la experiencia de vivir el cambio, vale la pena.

Elena Espinal es pionera en el uso y la creación de la cultura del Coaching Ontológico. Ha estudiado y trabajado con grandes maestros como Jim Selman y Fernando Flores. Ha fundado instituciones dedicadas a la formación en Coaching y tiene una experiencia de más de 25 años de trabajo con empresas de la lista de las Fortune 500, oficinas de gobierno y ONG's.

Su empresa Team Power, trabaja en varios países y una de sus áreas de experiencia es el Diseño de Futuro a partir de la técnica de Escenarios. Ha generado proyectos como Coaching con Visión, de formación de coaches ciegos y que además, los abre al trabajo en empresas.

Es una conferencista que ha sabido conmovir públicos disímiles en países como India, Estados Unidos, Canadá, Argentina, Méico, Colombia, Venezela, Perú, España, Italia, Inglaterra, entre otros.

Es Master Coach de la International Coach Federation y de la Asociación Argentina de Profesionales del Coaching. Tiene un Doctorado en Odontología, Maestría en Patología y es Lic. en Psicología.

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