



# **The Principle of Individuation: Toward the Development of Human Consciousness**

**[Paperback]**

*Murray Stein*

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## **The Principle of Individuation: Toward the Development of Human Consciousness [Paperback]**

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Dr. Stein suggests new approaches-on both personal and communal levels-for gaining freedom from the compulsion to repeat endlessly the dysfunctional patterns that have conditioned us. In this concise and contemporary account of the process of individuation, he sets out its two basic movements and then examines the central role of numinous experience, the critical importance of initiation, and the unique psychic space required for its unfolding. Using psychological insights from C. G. Jung's writings, from myths and fairytales, and from years of clinical experience, Stein offers a vivid description of this lifelong and dynamic process that will be useful to clinicians and the general public alike. As a movement toward the further development of human consciousness in individuals, in cultural traditions, and in international arenas where the relations among diverse cultures have become such a pressing issue today, understanding the principle of individuation has relevance for students and workers in many fields. The principium individuationis is a phrase with a long and distinguished history in philosophy, extending from the Middle Ages to Leibniz, Locke, and Schopenhauer. In Jungian psychology, it is brought into the contemporary world as a psychological principle that speaks of the innate human tendency to become distinct and integrated-to become conscious of our purpose, who and what we are, and where we are going.

**Dr. Murray Stein** is a supervising training analyst and former president of The International School of Analytical Psychology in Zurich, Switzerland (ISAP Zurich). He is the author of Jung's Treatment of Christianity as well as many other books and articles in the field of Jungian Psychoanalysis. Dr. Stein was also editor of Jung's Challenge to Contemporary Religion. From 2001 to 2004 he was president of the International Association for Analytical Psychology. Dr. Stein routinely presents live webinars with the Asheville Jung Center and has an extensive online video library with them. He has lectured internationally and presently makes his home in Switzerland.

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