



# **Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness**

*Carole Guyett*

[Download now](#)

[Click here](#) if your download doesn't start automatically

# Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness

*Carole Guyett*

**Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness** Carole Guyett

A practical guide to connecting with plants through ceremony

- Explains how to commune with plants and their spirits through the traditional shamanic method of “plant dieting” to receive their teachings and guidance
- Details 8 ceremonial plant initiations centered on common, easily recognized plants and trees such as primrose, dandelion, oak, and dog rose
- Provides instructions to develop your own sacred plant initiations and make ceremonial plant elixirs
- Includes four audio journeys to facilitate plant initiations

In this guide to sacred plant initiations, medical herbalist and shamanic practitioner Carole Guyett explains how to commune with plants and their spirits through the traditional shamanic method of “plant dieting.” A plant diet involves ingesting a particular plant over a period of time so you regularly receive the plant’s vibratory energy as well as its medicinal actions. Adding a ceremonial element to plant dieting offers a sacred initiation by the plant world, allowing you to connect deeply with all aspects of a plant, receive its sacred teachings, and forge a relationship for guidance and healing, benefitting both yourself and others.

Each of the eight ceremonial plant initiations detailed in the book was personally developed by the author through extensive work with her ceremonial groups. They each center on an easily recognized plant or tree such as primrose, dandelion, oak, and dog rose. These common plants have powerful teachings and healing guidance to share with those who communicate with and honor them. The initiations, for both individuals and groups, work with the Wheel of the Year, honoring each plant’s sacred timing and connecting with one of the eight Celtic and Pre-Celtic Fire Festivals--the solstices, equinoxes, and the holy days of Beltane, Lughnasadh, Samhain, and Imbolc.

Offering practical instructions so you can develop your own sacred plant initiations, the author also include access to 4 audio journeys to facilitate the initiations in the book. She also explains how to make plant elixirs for use in plant diets and for healing. She shows how connecting with plants allows us to deepen our relationship with Nature, access higher levels of consciousness and spiritual realms, and facilitate the full flowering of human potential.

 [Download Sacred Plant Initiations: Communicating with Plant ...pdf](#)

 [Read Online Sacred Plant Initiations: Communicating with Pla ...pdf](#)



## **Download and Read Free Online Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness Carole Guyett**

---

### **From reader reviews:**

#### **Gregory Proctor:**

This Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book is usually information inside this reserve incredible fresh, you will get data which is getting deeper a person read a lot of information you will get. This particular Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness without we know teach the one who reading it become critical in considering and analyzing. Don't always be worry Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness can bring if you are and not make your bag space or bookshelves' grow to be full because you can have it in your lovely laptop even phone. This Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness having very good arrangement in word as well as layout, so you will not experience uninterested in reading.

#### **Teresa Riggs:**

Reading a e-book can be one of a lot of pastime that everyone in the world enjoys. Do you like reading book consequently. There are a lot of reasons why people love it. First reading a reserve will give you a lot of new facts. When you read a guide you will get new information simply because book is one of numerous ways to share the information as well as their idea. Second, looking at a book will make a person more imaginative. When you reading a book especially hype book the author will bring one to imagine the story how the characters do it anything. Third, you can share your knowledge to other folks. When you read this Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness, it is possible to tells your family, friends along with soon about yours reserve. Your knowledge can inspire the mediocre, make them reading a reserve.

#### **Kimberly Wheatley:**

Do you really one of the book lovers? If yes, do you ever feeling doubt if you find yourself in the book store? Aim to pick one book that you find out the inside because don't judge book by its handle may doesn't work here is difficult job because you are frightened that the inside maybe not seeing that fantastic as in the outside appear likes. Maybe you answer could be Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness why because the excellent cover that make you consider regarding the content will not disappoint you. The inside or content is fantastic as the outside or perhaps cover. Your reading sixth sense will directly show you to pick up this book.

#### **Patrice Lach:**

Beside that Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness in your phone, it can give you a way to get more close to the new knowledge or information. The information and the knowledge you can got here is fresh from oven so don't become worry if you feel like an aged people

live in narrow commune. It is good thing to have Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness because this book offers to your account readable information. Do you often have book but you rarely get what it's interesting features of. Oh come on, that wil happen if you have this inside your hand. The Enjoyable option here cannot be questionable, like treasuring beautiful island. Use you still want to miss the idea? Find this book and read it from right now!

**Download and Read Online Sacred Plant Initiations:  
Communicating with Plants for Healing and Higher Consciousness  
Carole Guyett #9VRAH5ICT4X**

## **Read Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett for online ebook**

Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett books to read online.

### **Online Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett ebook PDF download**

**Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett Doc**

**Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett Mobipocket**

**Sacred Plant Initiations: Communicating with Plants for Healing and Higher Consciousness by Carole Guyett EPub**