



Sacred Mushroom of Visions: Teonanácatl: A Sourcebook on the Psilocybin Mushroom

Ralph Metzner Ph.D.

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Over 30 contributors share their expertise on the chemical, biological, cultural, psychological, and experiential dimensions of psilocybin mushrooms

- Describes in vivid detail the consciousness-expanding experiences of psychoactive mushroom users
- Provides firsthand accounts of the controversial Harvard Psilocybin Project, including the Concord Prison and Good Friday studies

Teonanácatl was the name given to the visionary mushrooms used in ancient Mesoamerican shamanic ceremonies, mushrooms that contain psilocybin, the psychoactive agent identified by Swiss chemist Albert Hofmann, the discoverer of LSD. The rediscovery of these visionary mushrooms by the Mazatec healer Maria Sabina and mycologist R. Gordon Wasson ignited a worldwide mushroom culture that inspired the consciousness revolution of the 1960s.

This book describes in vivid detail the consciousness-expanding experiences of psychoactive mushroom users--from artists to psychologists--and the healing visionary inspiration they received. It provides firsthand accounts of studies performed in the controversial Harvard Psilocybin Project, including the Concord Prison study and the Good Friday study. It describes how the use of the psilocybe mushroom spread from the mountains of Mexico into North America, Asia, and Europe by seekers of consciousness-expanding experiences. It also details how psilocybin has been used since the 1960s in psychotherapy, prisoner rehabilitation, the enhancement of creativity, and the induction of mystical experiences and is being studied as a treatment for obsessive compulsive disorder (OCD).

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Mary Ayala:

Playing with family within a park, coming to see the water world or hanging out with good friends is thing that usually you may have done when you have spare time, after that why you don't try matter that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Sacred Mushroom of Visions: Teonanácatl: A Sourcebook on the Psilocybin Mushroom, you are able to enjoy both. It is great combination right, you still want to miss it? What kind of hangout type is it? Oh seriously its mind hangout folks. What? Still don't have it, oh come on its identified as reading friends.

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