



Reversing Gum Disease Naturally: A Holistic Home Care Program

Sandra Senzon

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"Reversing Gum Disease Naturally presents techniques and information so that you can reverse already unhealthy states in your mouth or prevent the onset of gum disease. Sandra Senzon enhances patients' oral health through traditional as well as holistic methods."

--Barry Musikant, D.M.D.

"This book allows the patient to be an active participant along with healthcare professionals."

--Jay P. Goldsmith, D.M.D.

"There is a ray of hope at the end of the tunnel for all those who suffer from gum disease. We ultimately don't have to lose our natural teeth. Sandra Senzon shows us the many ways in which the mouth is connected to the body, and how, with the use of natural herbal products and proper mechanic techniques, you can reverse gum disease naturally."

--Joseph P. Green, D.O.S.

Gum disease is the #1 oral health issue for Americans today-and simply brushing and flossing are not enough to avoid it. In this unique book, registered dental hygienist Sandra Senzon reveals how you can prevent and reverse gum disease through natural treatments. You'll get a new and broader understanding of your mouth as Senzon explains the causes of gum disease, along with the roles that stress, diet, and certain conditions such as diabetes can play in the onset of the disease. She shows you how to work with holistic products, set up an at-home hygiene center, and find the right professional to guide you in the natural reversal of gum disease. There's even a section for parents on how to help children practice good oral hygiene. Packed with expert tips and motivational strategies, Reversing Gum Disease Naturally will enable you to keep your gums and your teeth healthy and strong.

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Walter McBride:

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A lot of people always spent their own free time to vacation or even go to the outside with them family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you wish to try to find a new activity here is look different you can read some sort of book. It is really fun for you. If you enjoy the book which you read you can spent 24 hours a day to reading a book. The book Reversing Gum Disease Naturally: A Holistic Home Care Program it is rather good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. In case

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