



# Disruptive Mood: Irritability in Children and Adolescents

*Argyris Stringaris, Eric Taylor*

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A practical guide to understanding and treating children and adolescents prone to extreme levels of angry outbursts, *Disruptive Mood: Irritability in Children and Adolescents* is based on the very latest research and theory. Providing both a clinical and scientific perspective on irritability in children, this book is a timely look at recent developments in the field.

Abnormal states of anger are a common reason for referral to child health services, and cause concern in clinics, schools, and families. Misdiagnosis and treatment can stem from a lack of understanding of the mechanisms involved in high levels of anger in children, and *Disruptive Mood: Irritability in Children and Adolescents* provides clear guidance on the development of abnormal states of anger, their consequences for later development, and how to assess and make differential diagnoses between them. A useful resource for clinical practice, this book is concise and accessible, and offers tools for evaluating treatments. *Disruptive Mood: Irritability in Children and Adolescents* is designed for practitioners involved in child and adolescent mental health and education and researchers who need an introduction to this complex field.

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