



The Essentials of Beautiful Singing: A Three-Step Kinesthetic Approach

Karen Tillotson Bauer

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Voice research has revealed much about the singing voice, but this valuable information does not necessarily transfer into fine singing. In *The Essentials of Beautiful Singing: A Three-Step Kinesthetic Approach*, performer and scholar Karen Tillotson Bauer bridges this gap by reframing the complexities of voice science with a cultivated simplicity of style and terminology that speaks directly to the singer's experience of singing.

With her three-step approach, Bauer integrates fact and application in a logical order, step by step. With clarity and immediate relevancy, this work takes the mystery out of singing by approaching it as a kinesthetic experience. Through the use of short verbal prompts and guided exercises, *The Essentials of Beautiful Singing* helps the singer discover good breath management, realize good resonance, and achieve clear enunciation. The focus throughout is on the skillful use of the body as a musical instrument, the source of fine singing.

For the experienced voice teacher, choral director and singer at any level, Bauer's three-step approach offers a fresh perspective on the familiar principles of vocal function. Clear explanations of the singing processes replace vague notions, and a relevant terminology makes refined singing more accessible. *The Essentials of Beautiful Singing* cuts to the heart of vocal technique and challenges some common pedagogical assumptions while defining a dependable foundation for fine singing.

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