



America's Best Cookbook for Kids with Diabetes

Colleen Bartley

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Healthy, tasty food that the whole family can enjoy.

Imagine a child with a diabetes-restricted diet and you understand the need for **America's Best Cookbook for Kids with Diabetes**. Over two million children and teenagers along with their families are currently managing diabetes with diet. As the incidence of Type 2 diabetes increases, this number will continue to grow.

This book has been developed to help parents of children with diabetes provide delicious and nutritious kid-friendly food that the whole family can enjoy. Whether it's Chocolate and Strawberry Waffles or Spaghetti and Meatballs or Peanut Butter Chip Muffins, these are recipes kids will enjoy and parents will feel confident serving. All the recipes help to deliver the supervised diet that children with diabetes require without making them feel deprived or left out in some way.

Over 125 recipes provide outstanding meal ideas for everything from after school snacks to main meals and desserts. Each recipe includes a complete nutritional breakdown and has been extensively reviewed by top diabetes educators.

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