



# My Breakaway

*Renee Pitt*

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## My Breakaway Renee Pitt

From the age of 13 my life was on a self-destructive spiral. My days were filled with stealing cars, break and enters, alcohol and violence. I was in and out of foster homes, youth hostels and more often than not my regular place of residence was at a juvenile detention centre in Perth called Longmore.

At the age of 21, I swapped the alcohol for drugs, this was the start of an 18-year addiction to methamphetamine. My Breakaway is a walk through my life of addiction, car chases, drug raids, domestic violence, and then the grief of the devastating loss of the love of my life, the father of 11 children, my partner of 14 years, Jeremy.

After Jeremy's sudden death I knew that I was the only one left to be here for our children. I needed to get off the drugs, there was no other option. This book then walks through my recovery and how committed myself to changing my lifestyle and ways.

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