



Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge

Mary Ann McDonnell, Janet Wozniak

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The Definitive Resource on How to Identify, Treat, and Live with a Bipolar Child

More than three million American children suffer from some form of bipolar disorder, a life-impairing illness that can cause wild mood swings and even episodes of rage. But as a parent, can you tell the difference between a temperamental, moody child and one facing serious mental illness? Where do you turn if your child's tantrums and meltdowns are wreaking havoc? For families as well as professionals, here is the only book on early-onset bipolar disorder written by pediatric specialists who combine clinical care and research.

Health experts once thought bipolar disorder, also known as manic depression, did not exist in children and teens. However, leading experts like Janet Wozniak and Mary Ann McDonnell have shown that the illness may appear even before age six, with many cases either undiagnosed or misdiagnosed as Attention Deficit Hyperactivity Disorder (ADHD). Now, in the most complete and authoritative guide yet, Janet Wozniak, M.D., and psychiatric nurse Mary Ann McDonnell offer their unmatched expertise along with the latest information on this difficult condition.

Drawing from their professional experience and sharing stories of families in their practices, the authors guide you in how to:

- Navigate the “diagnosis tangle” to ensure accurate identification of the disorder
- Communicate effectively with doctors, teachers, and counselors
- Find allies and choose a treatment team
- Help your family cope

In a rapidly changing field, **The Bipolar Disorder** clearly explains what researchers know, what they suspect, and where studies now point. From medication to coping strategies, this accessible book offers inspiration, encouragement, and invaluable wisdom for all involved.

From the Hardcover edition.

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From reader reviews:

Linda Yohe:

Spent a free time for you to be fun activity to complete! A lot of people spent their sparetime with their family, or their friends. Usually they carrying out activity like watching television, likely to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own free time/ holiday? Could be reading a book could be option to fill your free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to test look for book, may be the book untitled Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge can be fine book to read. May be it can be best activity to you.

Armando Rodgers:

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Arthur Prince:

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Jennifer Smith:

This Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge is completely new way for you who has intense curiosity to look for some information since it relief your hunger details. Getting deeper you in it getting knowledge more you know or perhaps you who still having bit of digest in reading this Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge can be the light food in your case because the information inside this particular book is easy to get by anyone. These books build itself in the form that is certainly reachable by anyone, yes I mean in the e-book application form. People who think that in e-book form make them feel sleepy even dizzy this publication is the answer. So there is no in reading a guide especially this one. You can find actually looking

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