



Just What the Doctor Ordered Diabetes Cookbook: A Doctor's Approach to Eating Well with Diabetes

Joseph D'Amore M.D., Lisa D'Amore-Miller

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Brother-and-sister team Joseph D'Amore - doctor and cook - and Lisa D'Amore-Miller - chef and nutrition expert - have the medical knowledge and cooking expertise to make good food and great health a reality in your life. With these 133 quick, easy, and flavorful recipes, you'll be treating yourself with taste and wholesome nutrition.

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