



Bi-Polar Girl: An irreverent look at bipolar disorder

Gabrielle Blackman-Sheppard

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Bipolar disorder, also known as manic-depressive illness, is a brain disorder that causes unusual shifts in mood, energy, activity levels and the ability to carry out day-to-day tasks. Symptoms of bipolar disorder are severe - they are different from the normal ups and downs that everyone goes through from time to time. They can result in damaged relationships, poor job or school performance and even suicide. But Bipolar can be treated and people with this illness can lead full and productive lives.

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