



¿Por qué los hombres no se comprometen? (Crecimiento personal) (Spanish Edition)

George Weinberg

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El psicoterapeuta George Weinberg explica en este libro que el miedo del hombre a mantener una relación estable es un MITO. Sus verdaderos miedos son otros y lo que una mujer debe saber es que resulta fácil ahuyentar a un hombre, pero también lo es conseguir su compromiso sin necesidad de dar rodeos.

Los consejos de este libro le permitirán llegar a aquellos ámbitos en los que su hombre no ha dejado entrar a ninguna otra mujer.

Tras veinticinco años ejerciendo la psicoterapia, George Weinberg ha descubierto que, a pesar de lo que comúnmente se cree, los hombres quieren tanto como las mujeres el compromiso, el amor y una relación permanente. De su experiencia clínica ha concluido que todos -aún aquellos que han tenido una serie de fracasos en sus relaciones- coinciden en el deseo de conseguir un matrimonio que sea permanente y monógamo, entonces:

¿Por qué se comportan como si no quisieran comprometerse?

¿Y qué puede hacer una mujer para ayudar a que su hombre se comprometa?

Según el autor, los hombres tienen un poderoso radar que les dice que salgan corriendo en cuanto sienten que las mujeres están utilizando alguna estrategia para atraparlos: tal como hacerse la mujer difícil o hacerle sentir celos.

Afirma que no hace falta dar rodeos, el hombre se comprometerá si se siente especial, y está emocionalmente próximo.

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