



Minding Our Elders: Caregivers Share Their Personal Stories

Carol Bradley Bursack

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Baby boomers are now facing the challenge of caring for their aging parents, and that challenge knows no borders. Some version of what has happened to the elderly people in my life and in the lives of the people I've interviewed, is happening or will happen to you, the reader, as well. Many of our elderly parents took their last breaths in a nursing home. Their health had deteriorated to a point where they couldn't safely stay in a family environment. You'll read of the turmoil many of us went through as we settled our loved ones in Rosewood on Broadway, or Elim, or Eventide. Homes in other areas will have different names, different physical configurations, different staff. That's immaterial. You'll go through the same agonizing process as you look for the best quality care available. You'll go through the same confusion as you try to find a way to work your parents' new environment into your own life. Some of our people are fortunate enough to die with family, in their own homes. Others die in a hospital. Some cling to a whisper of life in a nursing home. But for all, eventually, their journey must end. Minding Our Elders was written to support you as you travel the last leg of their journey with them. It was written to remind you that you are not alone.

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