



Adult Coloring Book for Stress Relief: Mandalas and Patterns inspired by the Work of the Heart: Mandalas and Patterns Inspired by the Work of the Heart

Maggie Clemmons, Creative Collective

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In this adult coloring book, artist Maggie Clemmons offers you an escape to a place of calm and love. As you tap into your most creative self, channeling your inner artist, feel the stress melt off your shoulders and color your way to a worry-free life. Shade by shade, line by line, a new world appears beneath your fingertips. Dream up your own place of serenity and create a thing of beauty, one that is as unique as you are. This book is for colorists of all levels. Whatever you bring to the table is good enough. There is no pressure here, just colors flowing like magic from your hand. Give this book as a gift to celebrate love with friends and family, offer it to a friend in need of relaxation, or buy it for yourself, a person deserving of time, peace, and the gift of color. --Relieves Stress --Stress Relieving Patterns --Relaxation for Grownups --Happy Coloring --Pages range from minimal detail to highly detailed --All skill levels --Meditation TAGS: adult coloring books best sellers, coloring books for adults relaxation, mandalas, stress relieving patterns, coloring pages for adults, meditation, mindfulness meditation, nature mandalas coloring books for grownups, anti-stress management, coloring book, coloring, romance

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