



# Mr. Wilkinson's Well-Dressed Salads

*Matt Wilkinson*

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**Mr. Wilkinson's Well-Dressed Salads** Matt Wilkinson

**Following the success of the IACP-winning Mr. Wilkinson's Vegetables, chef Matt Wilkinson returns with more than 56 seasonal, easy-to-make, delicious recipes for salads and dressings.**

Guided by the seasons, award-winning chef Matt Wilkinson has always designed his recipes with vegetables as the foundation of the plate. In his latest cookbook, Matt takes this a step further by showing us how versatile salads can be in both form and flavor. With the garden's yield as his inspiration, he pairs produce with grains, beans, cheeses, fish, and meat to create enticing, adaptable dishes. You'll find a recipe to match each season's bounty, from spring salads featuring early sprouting vegetables and herbs, and summer produce mixed with garden-fresh greens, to autumn roots tossed with hearty grains, and earthy winter noodle salads. In *Mr. Wilkinson's Well-Dressed Salads*, recipes include light dishes such as Watermelon and Feta with a Shrimp Vinaigrette, and Iceberg, Mint and Radish Salad with Avocado Dressing. There is also heartier fare, such as Roasted Sweet Potatoes, Hot Red Turkish Peppers & Labneh (a Turkish yogurt), Brown Rice & Feta with Hot 'n' Sour Dressing, and Smashed Figs, Blue Cheese, and Walnut Salad with White Balsamic.

Beautiful photography combined with vintage illustrations make for a book that is both timely and timeless.

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