



# Diabetic Deserts

*Russ Donohue*

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**Diabetic Deserts** Russ Donohue

**If you are into low carb cooking than this book needs to be in your library!** This book is great for any one on any kind of low sugar diet, but does not want to skimp on flavor. Inside of this low carb diet cookbook, you will find many delicious treats! Diabetic cooking has long been a pain, because a lot of flavor has to be left out to help efforts in lowering blood sugar. Use the delicious and decadent desserts in these short and simple diabetic friendly deserts to add more, for a lack of words, flavor into your life! Grab this inexpensive low carb recipes cookbook & guide for weight loss and healthy living and start enjoying food again!

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