



Handbook of Anthropometry: Physical Measures of Human Form in Health and Disease

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Although its underlying concept is a relatively simple one—the measurement of the human body and its parts—anthropometry employs a myriad of methods and instruments, and is useful for a variety of purposes, from understanding the impact of disease on individuals to tracking changes in populations over time. The first interdisciplinary reference on the subject, the Handbook of Anthropometry brings this wide-ranging field together: basic theory and highly specialized topics in normal and abnormal anthropometry in terms of health, disease prevention, and intervention. Over 140 self-contained chapters cover up-to-date indices, the latest studies on computerized methods, shape-capturing systems, and bioelectrical impedance, data concerning single tissues and whole-body variables, and reports from different areas of the world. Chapters feature helpful charts and illustrations, cross-references to related chapters are included, and key points are presented in bullet form for ease of comprehension. Together, the Handbook's thirteen sections entail all major aspects of anthropometrical practice and research, including:

Tools and techniques.

Developmental stages, from fetus to elder.

Genetic diseases, metabolic diseases, and cancer.

Exercise and nutrition.

Ethnic, cultural, and geographic populations.

Special conditions and circumstances.

The Handbook of Anthropometry is an invaluable addition to the reference libraries of a broad spectrum of health professionals, among them health scientists, physicians, physiologists, nutritionists, dieticians, nurses, public health researchers, epidemiologists, exercise physiologists, and physical therapists. It is also useful to college-level students and faculty in the health disciplines, as well as to policymakers and ergonomists.

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Jennifer Galaviz:

Often the book Handbook of Anthropometry: Physical Measures of Human Form in Health and Disease has a lot details on it. So when you read this book you can get a lot of advantage. The book was authored by the very famous author. The writer makes some research prior to write this book. This book very easy to read you may get the point easily after reading this book.

Deborah Rost:

The reason why? Because this Handbook of Anthropometry: Physical Measures of Human Form in Health and Disease is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will shock you with the secret this inside. Reading this book beside it was fantastic author who also write the book in such remarkable way makes the content on the inside easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of benefits than the other book have such as help improving your skill and your critical thinking means. So , still want to hesitate having that book? If I had been you I will go to the publication store hurriedly.

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