



Far Afield: Rare Food Encounters from Around the World

Shane Mitchell

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A lushly photographed culinary travel book featuring profiles of the stewards of the world's oldest foodways--traditional farming, hunting, fishing, and foraging methods--along with 40 recipes.

Food and travel writer Shane Mitchell and photographer James Fisher have traveled the world on assignment for food and travel publications such as *Travel + Leisure* and *Saveur*. Along the way, they have encountered the fascinating people who are keeping the world's oldest traditional foodways alive, such as sacred taro farmers in Hawaii who have never left the islands, fisherman on the Swahili coast, and Icelandic shepherds who still use the techniques of their Viking ancestors. Full of lush photography from far-flung locations all over the globe, *Far Afield* profiles these people, sharing their unique and captivating stories and recipes.

From the Hardcover edition.

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