



# Managing Alcohol, Tobacco and other Drug Problems: A Pocket Guide for Physicians and Nurses

*Meldon Kahan, Lynn Wilson, Centre for Addiction and Mental Health*

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Advice and treatment by physicians and nurses can substantially reduce substance use and its associated disease and health care costs, yet physicians are often hampered by lack of training and knowledge in this area.

Managing Alcohol, Tobacco and Other Drug Problems: A Pocket Guide for Physicians and Nurses is a quick reference for the busy physician or nurse. It summarizes the simplest, most effective and best researched protocols for identifying and treating substance use and its complications.

The Pocket Guide helps medical and nursing students, physicians and nurses recognize that substance use problems are medically treatable. This guide will not only demystify the treatment of patients with substance use issues, but will also lead to better treatment outcomes. The *Pocket Guide* is an invaluable, practical resource with answers for most substance use problems.

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