



Kinetic Control: The Management of Uncontrolled Movement

Mark Comerford, Sarah Mottram

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This text is designed as clinical reference to develop knowledge of the examination, diagnosis and classification of uncontrolled movement (motor control dysfunction) and the management of movement dysfunction.

It will help the therapist:

- Develop clinical skills in the assessment and retraining of movement control
 - To use movement control tests to identify uncontrolled movement
 - To classify uncontrolled movement into diagnostic subgroups
 - Access a large range of motor control and movement retraining strategies
 - Develop an assessment framework that will provide a diagnosis of dysfunction, pain sensitive tissues and pain mechanisms
 - Use a clinical reasoning framework to prioritise clinical decision making
- Provides detailed explanation of evidence and research underpinning motor control dysfunction and movement retraining
 - Unique subclassification system of musculoskeletal disorders and pain
 - Region specific testing -step by step instructions for assessment, diagnosis, classification and treatment using Movement Performance Solutions unique system
 - Highly illustrated with clear step by step instructions for treatment of Lumbar, Cervical and Thoracic Spine, Shoulder and Hip

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